
**Manchester City Council
Report For Resolution**

Report to: Health And Well-Being Overview And Scrutiny Committee-
9 September 2010

Subject: Dementia Strategy

Report of: Strategic Director for Adults, Manchester City Council
Director Of Commissioning, NHS Manchester

Purpose of Report:

To provide an update on the implementation of the Manchester Dementia Strategy

Recommendation

Members note the report.

Financial Consequences for the Revenue and Capital Budgets:

None

Wards Affected:

All

Contact Officers:

Name: Pip Cotterill
Position: Lead Commissioner, Adult Services
Telephone: 245 7120
E-mail: pip.cotterill@manchester.gov.uk

Background documents (available for public inspection):

The following documents disclose important facts on which the report is based and have been relied upon in preparing the report. Copies of the background documents are available up to four years after the date of the meeting. If you would like a copy please contact one of the contact officers above.

Manchester Dementia Strategy 2009 – 2012

1.0. Background

- 1.1 In October 2009 Members received a report detailing plans to implement the Manchester Dementia Strategy, which had been adopted in May. This described how the joint implementation group fits within the new structure for the Joint Commissioning Executive for Mental Health, and spoke of the regional support network and the requirement for regular reports to the Department of Health (DH).
- 1.2 This report describes progress over the last 10 months. It also sets the Strategy in the context of recent Governmental changes.
- 1.3 A table outlining progress against the recommendations in both the National Dementia Strategy and the Manchester Strategy is attached at Table 1.

2.0. Progress

- 2.1 The Implementation Group has met and prioritised work on early diagnosis and the development of a clear care pathway. A sub-group has been set up for this work, including G.P involvement. In the meantime the Manchester Mental Health and Social Care Trust (MMHSCT) has designated Later Life Care as a strand in its Transformational Work Programme. An event, hosted by MMHSCT, was held on 30th July, 2010 to begin to review the memory services and relayed pathways within the Trust. These two areas of work will be aligned in order to ensure that a systemic approach is taken and duplication avoided.
- 2.2 Over 100 people attended a successful 'Talking Dementia' event in the Town Hall in March 2010. The results of the table discussions have been taken on board by the Implementation Group. As part of this event 52 people, dementia sufferers, carers and people working in the field, have put their names forward to be part of a reference network. It is intended to hold annual events to report back to them, and also to make regular use of the electronic network we have established with them.
- 2.3 There have been further developments in the support network of low level services. A sixth Memory café opened in July in Woodhouse Park with 35 people attending. This one is open from 6 – 7.30 p.m., thus filling a gap identified by carers and dementia sufferers. The other cafes are in Moston, Ancoats, Rusholme/Fallowfield, Didsbury and Wythenshawe Centre, and are all in the afternoon. The funding for the support service offered by People First to people with early onset disease has been transferred from Supporting People to the Prevention fund. This has enabled it to become more than a housing support service and they have already made contact with over 95 G.P practices and are starting to receive referrals from across the health and social care sector. To facilitate this contact the project is planning to move locality working.

- 2.4 Case studies of two Manchester services, the Shore Green extra care housing scheme and the CareConcepts Unified Service, have been requested by the DH for inclusion in a Compendium of Good Practice currently being compiled. One of the Programme Managers for the National Dementia Strategy is planning a visit to Manchester at the end of August 2010. Paul Goggins, M.P., had a successful visit to Shore Green in July.
- 2.5 The revised Manchester Care Home contracts include a condition for every home to have a named Dementia lead. These contracts will take effect later this year. The new NHS Standard contract with the MMHSCT includes a commissioning intention to develop and establish a comprehensive psychiatric liaison service which provides input into the three acute trusts. A business case for this development is being considered as part of the "Securing Our Shared Future" programme
- 2.6 The evaluation of the Unified Dementia Service by Manchester Metropolitan University is very positive. The service has been welcomed by dementia sufferers and carers, and some impressive outcomes have been achieved. Work is starting on designing a specification for such a service in other parts of the City. The Directorate for Adults is part of a research partnership with the University that have applied for funds to carry out a study into an extended telecare service, and how new developments in the market can potentially support people with dementia to stay living in their own homes.
- 2.7 Work is going on with a selected provider to design and pilot a specialised social care service for end of life care. This will contain a specific element for people suffering from dementia.
- 2.8 Manchester's Supporting Health Dementia Programme was established in this last year to help improve the physical health of people with dementia and their carers. The purpose of this service is to ensure that people with a diagnosis of dementia and their carers are appropriately included in the delivery of public health programmes in Manchester and receive improved physical health care. The funding from 'Improving Health in Manchester' monies is initially for a 2 year period (ends March 2011). Manchester University have been commissioned to evaluate the effectiveness of the service with the potential of continuity of funding if success is proven.
- 2.9 Monet Lodge is a city-wide Independent Hospital for 20 older people with dementia and associated challenging behaviour who meet Continuing Health Care criteria or who are either detained under the Mental Health Act or subject to aftercare conditions. In the last couple of years work has been undertaken between commissioners and the Provider to ensure that Monet Lodge is a centre of excellence for people with dementia and associated challenging behaviour. As part of this 2 of the beds at Monet have been established as respite beds which are proving a great success and are keeping people with dementia and challenging behaviour in the community as long as possible. Work has also been undertaken to improve the throughput of patients (ie: once their challenging behaviour has been stabilised patients are now 'moved on' to appropriate settings such as a Care Home with Nursing).

- 2.10 In the last couple of years commissioners have worked closely with Age Concern Manchester to ensure that their Day Care centres in Milesplatting and Gorton are increasing their access for people with dementia.

3.0. National Context

- 3.1 Presentations at North Western Network events, and in recent DH communications, state that Dementia remains a national priority for the new Government and that authorities will continue to be asked for regular progress reports.
- 3.2 A National Declaration on Dementia, signed up to by a number of national bodies, is expected in the autumn. Local areas will then be expected to develop and publicise their own Declaration.
- 3.3 As part of the development of the National Dementia Strategy a 'dementia advisor role' is being tested in a number of pilot sites. This role is similar to that of admiral nurses. The pilots are due to report in 2011.
- 3.4 A bid has been submitted to the Joint Improvement Partnership (a national programme to transform adult social care) to increase the number of dementia workforce "champions" across health and social care services.

4.0. Conclusion

- 4.1 With dementia remaining high in the national agenda, and research into causes and potential treatments increasing, there are a growing number of studies and reports. These are being monitored. Manchester is fortunate in having a major Medical School with Professor Burns the National Dementia Tsar, on the faculty. While a 'cure' for dementia is still a long way off, it is increasingly apparent that a healthy life style in terms of exercise, diet, not smoking or drinking to excess and keeping active may delay or prevent its onset.
- 4.2 Progress continues to be made in implementing the Manchester Dementia Strategy. In times of increasing demands and great change Manchester remains in a strong position to take forward the dementia agenda.

Appendix 1 - Progress on implementation of Manchester Dementia Strategy (MDS) and the National Dementia Strategy (NDS): 9/8/10

	NDS Recommendation	MDS Recommendation	Progress to date
1.	Improving public and professional awareness and understanding of dementia.		National campaign resulted in increased referrals and queries, including a number of Freedom of Information requests. The Implementation Group is working with Libraries to arrange local displays of information on dementia.
2.	Good quality early diagnosis and intervention for all.	To ensure good quality early diagnosis, auditing different models across the city to evaluate which is the most effective.	Manchester Mental Health Social Care Trust (MMHSCT) has a Later Life Services strand in its Transformational Work Programme that is starting off with a review of memory services. They have held a day long workshop and a working group is due to start meeting in September. This will link in with work on early diagnosis and developing a care pathway that has been initiated by the Implementation Group. A project plan will be available in the autumn.
3.	Good quality information for those with diagnosed dementia and their carers		Directorate have produced an Information Prescription for dementia. Manchester City Council My ManchesterServices website lists all available support services. Information is available through Memory cafes (see 5 below), which are identified by people with dementia and their carers as supportive, relaxed and non-stigmatising places to go.
4.	Enabling easy access to care, support and advice following diagnosis	A clear care pathway will be developed, including GPs, primary and secondary health staff, and social care staff.	See 2 and 3 above
5.	Development of structured support and learning	Even if the bid to be a Demonstrator Site for peer	There are now 6 Memory cafes in Moston, Ancoats, Rusholme/Fallowfield, Didsbury, Wythenshawe centre and

	networks.	support is unsuccessful, work to audit and extend existing support projects for both dementia sufferers and their carers is undertaken.	Woodhouse Park. The latter opened in July 2010 from 6 – 7.30 p.m. to fill a gap identified by people with dementia and carers. 35 people attended. The housing support service has moved from Supporting People funding to Prevention money and has broadened its remit. The service is now getting referrals from GPs and social care, and is planning to restructure on a locality basis. In addition there are: <ul style="list-style-type: none"> • 4 Carers' Support Groups • Post diagnostic support group • SONAS group (speech and language therapy) • Befriender service in acute hospital.
6.	Improved community personal support services	Following the evaluation of the Unified Dementia Service, and if deemed successful, develop specifications for further specialist community services across the city and put out to tender.	Initial evaluation from Manchester Metropolitan University very positive. Service users reported increased well-being, reduced social isolation and exclusion and perceived dignity and respect. Informal carers had reduced stress and concern and improved relationships with their relatives. Staff reported increased job satisfaction and all groups reported that customers had improved during their use of the service. Recommendations include extending the service, and making it even more flexible. The results are being developed into a detailed service specification. Work is ongoing with Community Integrated Care (CIC) to develop a similar service in North Manchester.
7.	Implementing the Carers' Strategy	Clear links are established with the work going on around palliative and end of life care, the Dignity Campaign and the Carers' Strategy	An audit of support to carers of people with dementia funded by the Carers Grant has been carried out. This area will continue to be monitored and a representative of the Carers Forum is on the Implementation Group. The Unified Dementia Service's main aim is to support carers, and the service evaluation reported increased

			dignity and respect. The end of life social care team being piloted will have a additional focus on dementia care.
8.	Improved quality of care for people with dementia in general hospitals	NHS Manchester requires their acute hospital providers to put in place comprehensive old people's psychiatric liaison services across their hospitals as described in the National Dementia Strategy.	The new NHS Standard contract with the Manchester Mental Health Social Care Trust includes a commissioning intention to develop and establish a comprehensive psychiatric liaison service which provides input into the three acute trusts. A business case for this development is being considered as part of the "Securing Our Shared Future" programme
9.	Improved intermediate care for people with dementia.		A joint review of all re-ablement services is being carried out with a view to setting up one citywide service, taking best practice from the current 3 models. This will include providing good intermediate care for people with dementia. A previous audit in 2008 found that over 30% of re-ablement customers had some form of mental illness. or dementia
10.	Considering the potential for housing support, housing related support and telecare to support people with dementia and their carers.	Work will continue with Registered Social Landlords (RSLs) to develop bids for specialist dementia extra care housing schemes in the north and centre of the city.	Manchester has had a specialist extra care housing scheme for the last 6 years, which continues to be a great success. Just Checking equipment is being piloted as an assessment aid. Directorate for Adults is part of a group led by Manchester Metropolitan University that has put in for a research grant to pilot an extended telecare service. As part of the Extra Care Housing Strategy it is hoped to open further dementia specialist schemes.
11.	Living well with dementia in care homes	Directorate for Adults commissioners require providers of all care homes to nominate a named dementia	This is being included as part of the new care home contracts, which are planned to take effect from October. The named leads will then provide focus points for information and training.

		lead.	See 13 below.
12.	Improved end of life care for people with dementia	Clear links are established with the work going on around palliative and end of life care, the Dignity Campaign and the Carers' Strategy	End of Life strategy work is being linked to the Dementia Strategy. Work has started to develop a pilot end of life social care service, to include specific care for people with dementia. Gold Standard Framework End of Life training is being offered to all home care providers.
13.	An informed and effective workforce for people with dementia.	Dementia awareness training will be extended to all people working with older people, and training be further developed on how to work successfully with people with dementia for care home staff, care staff and others.	Dementia awareness training is offered to all social care providers working with older people. For relevant services commissioned by NHS Manchester, continuous monitoring focuses on staff training audits, and organisational training strategies for induction, and baseline competency levels.
14.	A joint commissioning strategy for people with dementia.	Directorate for Adults and NHS Manchester receive this Strategy and prioritise the actions to be taken. A Strategy Implementation Group is established to draw up an action plan to take the work forward, which will feed into other commissioning strategies.	Manchester Dementia Strategy adopted in 2009. Joint Implementation Group set up in May 2010. The Joint Commissioning Strategy for Dementia will be available by the end of October 2010.
15.		Health and social care commissioners require providers routinely to note the incidence of dementia in people using their services. At the moment it is often not	This has been taken up with Directorate for Adults MiCare system, and will be further developed within contract monitoring of NHS commissioned services. Mental health services already record this, and recording and monitoring systems in the acute sector will be further explored.

		recorded as it is a secondary condition. This results in a lack of any hard information.	
16.		To identify all people suffering from young onset dementia and to look, in detail, at their current and future needs.	Work going on in Learning Disability Services to identify and plan for people with Learning Disabilities and dementia. A specialist service is being commissioned. A specialist service for people suffering from Korsakoffs' disease is being explored.