The East Manchester Sport Action Zone (SAZ) covers the areas of Beswick, Clayton and Openshaw. This area encompasses the new “Sport City” complex that hosted the Commonwealth Games in 2002. The SAZ project is jointly funded by Sport England (National Lottery) and New Deal for Communities (NDC) with the SAZ manager, John Dwan, being based within the NDC team in Beswick. This SAZ geographic target area is exactly the same as the Beacons for a Brighter Future SRB regeneration initiative, & the New Deal for Communities regeneration initiative. Also included within the Sport Action Zone area is the East Manchester Education Action Zone, this comprises twelve primary schools and four high schools. All of the above initiatives are within the boundaries of New East Manchester Ltd. one of the four Urban regeneration pilot companies established by the government.

The Sport Action Zone is now two years old and this document will highlight the successes over those 2 years and talk about the plans for the remaining three years of the project that will address some of the local issues for the community.

Contents

- The “State of Play” Page 2
- What the community now say Page 3
- Commonwealth Games 2002 Page 4
- Pre Volunteer Programme Page 5
- Sport City facilities Page 6
- Facility Developments Page 7
- Funding Success Page 8
- School Sports Co-ordinators project Page 9
- Community Sports Development Page 10
- Nacro sports project Page 11
- Duke of Edinburgh’s Award Page 12
- M/cr Youth Volunteering project Page 13
- Activity Bus Page 14
- General Activities Page 15
- Future plans Page 16
- Facilities & Sportsclubs Contact Details Page 19-21
- Useful Contacts Page 22

To contact John Dwan or the Sport Action Zone assistant Jennine Sutton Tel: 0161 230 2100 or E-mail: j.dwan@notes.manchester.gov.uk or j.sutton1@notes.manchester.gov.uk Or look at the community website www.eastserve.com
East Manchester suffers from many issues such as poor quality environmental conditions and housing, crime, worklessness, business support, lack of neighbourhood facilities, community capacity building and cohesion, poor health and under achieving education. When the Sport Action Zone (SAZ) began in 2000 sport and leisure facilities were virtually non-existent and participation was extremely low.

How bad was it!

» 75% of residents were unhappy with the quality of the parks*
» 89% of residents were not satisfied with accessibility of sports & leisure facilities*
» 91% of residents were not satisfied with the provision of children's play areas*
» The SAZ area had no multi purpose sports hall
» The SAZ had no outdoor floodlit sports areas
» There were very few sports clubs
» No school holiday sports schemes

*[Residents household survey 1999 NDC]
» 75% of residents thought the quality of the parks was ok to very good*
   
   That is a 50% increase

» 50% of residents thought the accessibility of sports & leisure facilities was ok to very good*
   
   That is a 30% increase

» 38% of residents thought the provision of children’s play areas was ok to very good*
   
   That is a 29% increase

» The SAZ now has an outdoor floodlit sports area at Medlock Valley High School and one is planned for St. Barnabus CE Primary School.

» There are a number of new sports clubs & improved links to existing clubs e.g. Eastlands Citizens F.C. / Openshaw Youth F.C. / Manchester Basketball Club / Dominoes Netball Club / Eastlands Stars Cheerleading Club / Eastlands Angling Club / East Manchester Community Tennis Club

» There is a wide programme of school holiday schemes co-ordinated by Joint Openshaw Group, during summer 2002 over 3,200 young people participated in school holiday activities, many of these were sports activities

A typical day at the Velodrome

"I visited the Velodrome whilst on a student placement with the Sport Action Zone and was amazed at the variety of users, the GB cycling team were training on the track, there was a conference underway in the middle of the track, there was a high school Netball tournament on the outdoor Netball courts, there was a group of adults walking for health around the inner concourse as part of a GP referral project, and there were some young people using the fitness suite as part of their studies with the Education Action Zone. Superb community use!"

Bill Iliffe Manchester University

*(Residents household survey 2002 NEM Ltd.)*
The Sport Action Zone was heavily involved in a number of initiatives before, during and after the Commonwealth Games including:

» The Queens baton Relay

» 2,000 free community tickets for Athletics Stadium Test Event

» School Competitions involving over 8,000 children with Education Action Zone

» Local free paper `The Advertiser` Commonwealth Games competitions

» VIP box for members of the local community during Athletics and Rugby events at `Games Time`

» Promotion of PVP Volunteer programme in East Manchester, over 300 beneficiaries

» Dressing of East Manchester with flags, banners and bunting during `Games time` with resident & tenant groups / local businesses

» Spirit of Friendship Festival with School Sport project involving 12 primary and 4 high schools

» Distribution of promotional posters to resident & tenant groups

» Distribution of Commonwealth Games ticket application forms to resident & tenant groups / community groups

» Involving local children in numerous photo shoots at Sport City during build phase and during `Games Time`
Heath Cole coordinated a unique Commonwealth Games social inclusion and legacy programme, the initiative was SRB funded, matched locally by New Deal for Communities. The intent was to engage and involve socially excluded groups within East Manchester into the Commonwealth Games experience. The 30hr training course enables candidates to gain an accredited qualification, many have used the qualification to enter employment and / or access further education & training opportunities. Progression into training, education, volunteering and jobs were the programmes main aims.

Post-Games, the programme was so successful that it continues with its main aims as above but with a continued focus on local development.

To contact Heath Cole telephone office: 0161 230 2100 Mobile: 07818 017598

Achievements to date

» 270 residents engaged into the training
» 190 graduates of the training
» 24 community based short [30-hour] courses delivered
» 90 residents involved in the Commonwealth Games through the programme
» 105 residents involved in all volunteering opportunities
» 8,000 volunteer hours undertaken
» 25 participants into employment
» 22 participants into education and training
» A new course developed with GMOCN; 'The Volunteering Experience', to Accredit voluntary activity
The new sporting facilities at Sport City that are a lasting legacy of the Commonwealth Games in 2002 are now open for community use.

» City Of Manchester Stadium - home to Manchester City F. C.
» National Squash Centre - 7 squash courts
» National Cycling Centre
» Regional Hockey Centre - two water based hockey pitches
» Manchester Tennis Centre - 6 indoor & 6 outdoor courts
» 200 m indoor athletics track & 400m outdoor athletics track
» English Institute of Sport - sports science & medicine
» Isospa fitness suite

For more information on the above facilities contact:

» Sport City reception on telephone 0161 231 8602 for the tennis, squash and athletics centres
» National Cycling Centre on 0161 223 2244 or e-mail tdo@manchestervelodrome.com or look at the web site www.manchestervelodrome.com
» Regional Hockey centre on telephone 0161 953 2476
East Manchester has seen a dramatic improvement in sports and leisure facilities over the last two years; we have the Sport City facilities (as detailed on the previous page) as a lasting legacy of the Commonwealth Games in 2002.

Other improved facilities include:

» New modern outdoor multi use games / sports areas (MUGA) to a number of the areas parks - Delamere Park / Openshaw Park / Phillips Park / Hewlett Johnson Playing Fields / Bradford Park / Millennium Green / Lees St Park

» Installation of new drainage to grass football pitches at Hewlett Johnson Playing Fields

» Upgraded outdoor floodlit sports area at Medlock Valley High School, used evenings and weekends by local sports clubs

» A new modern outdoor multi purpose sports area at St. Barnabus CE Primary School, that is used by the community evenings and weekends

» A new floodlit outdoor sports area at Ravensbury County Primary School that has an open gate policy for evening and weekend community use

» New indoor sports hall at Ravensbury County Primary School

» Improved on new sports areas in school playgrounds to Seymour Rd County Primary School / St Brigids RC Primary School / St. Willibrords RC Primary School / Higher Openshaw Community School / CE School of the Resurrection / St. Clements CE Primary School / Varna St Primary School / Ashbury County Primary School / Bank Meadow County Primary School

East Manchester Sports & Leisure facility Strategy

There is still a need to increase and improve the variety of sports and leisure facilities in East Manchester, a comprehensive review is being undertaken by the Sport Action Zone, New Deal for Communities, New East Manchester Ltd & Sport England. This will identify the gaps in facility provision and then a forward strategy will be agreed by the partners to target resources for future years based on the identified gaps.
The Sport Action Zone has focused on facilitating many groups in East Manchester to access funding opportunities that exist and then to maximise this funding by match funding against other sources, this approach has been extremely successful. This has created many partnerships that will continue to help deliver sports and leisure to the East Manchester area.

- 16 ‘Awards for All’ Small Lottery Grants
- ‘Street to Stadium’ grant for individuals
- Manchester Leisure Sports Commission Grant
- Beswick & Bradford Community Fund
- Barclaycard ‘Free Kicks’ Football team kit grant
- Football Foundation Capital grant
- New Opportunities Funding school playground improvement grant
- Local Education Authority ‘SEED’ Challenge grant
- DfES ‘Sporting Playgrounds’ school playgrounds grant
- Manchester Outward Bound Association
- 3 C’s Charity
The School Sports Co-ordinators project co-ordinator, Ruth Lewis, is based within the Education Action Zone offices in Beswick. Based within the Education Action Zone this Sport England / Youth Sport Trust National Lottery funded project is creating many new sporting opportunities for school children and the school community. There are many new after school sports clubs, inter school competitions and the project has trained many teachers, parents, lunchtime organizers as sports leaders / coaches to help out at the sports activities.

Office Tel: 0161 223 1166  
E-mail: r.lewis@notes.manchester.gov.uk  
Web site: www.eastmaneaz.co.uk

Achievements to date

» 12 secondary students accessed a TOP Link training conference as representatives for East Manchester

» Commonwealth Games Spirit of Friendship Festival of sport summer 2002 involving 16 schools and over 1,500 children

» 20 students attended the `Step Into Sport` initiative

» 75% of primary schools have received Community TOP`s Training

» Number of after school sports clubs established across 16 schools - 121

» Numbers of different young people attending sports clubs - 2,600

» Number of attendances at after school and sports clubs established - 74,450

» Number of inter school clubs established - 12

» Number of inter school sports competitions held - 14
East Manchester has two community sports development officers, Anita Eagland & Mick Regan, based at the Manchester Tennis Centre at Sport City. Anita is responsible for organising sports activities and events for people of all ages and ethnicities in the East Manchester area. She is heavily involved in the Schools Sports Coordinator Project, which encourages young people to participate in after-school activities. In addition, Anita manages Holiday schemes, initiates festivals and competitions and also arranges for Sport Coaches to visit different groups in the community who would benefit from sports activities. Mick's main responsibilities are to schedule and facilitate Sports Coaching and training Courses for local people within the Sports Action Zone. This is with a strategic objective of increasing the number of coaches available to work on Sports Development Schemes and other sporting opportunities that will occur as a consequence of the Commonwealth Games and Sportcity.

Office Tel: 0161 223 8350
Office Fax: 0161 230 6447
Anita's Mobile: 07798 947 609
Mick's Mobile: 07798 947 610

Achievements to date

» 35 new community sessions at Sport City established
» Extensive school holiday sports programme under way over 100 children attend per day
» 210 sports coaches trained from the local community
» 3,779 training hours completed
» 6 local sports coaches employed on a part time basis to deliver sports activities & 6 coaches from established sports clubs
» 10 Successful grant applications to ‘Street to Stadium’
» 67 volunteers used on sports activities
» 1,900 volunteer hours undertaken
» 4,700 attendances by young people on sports schemes
» 10 Inter school sports competitions held in partnership with School Sports project
» Afterschool & lunchtime clubs managed by Sports Development - 130
» Grants awarded by ML Commission - £12,000 for sports clubs & community groups
The Nacro sports project has two full time workers, Roy Thickett and a dedicated female worker to be appointed April 2003, the project is based within the DISCUS project in Beswick. The workers are responsible for organizing sporting events and tournaments for young people in the East Manchester area, particularly football. They organize a number of football competitions throughout the year and many soccer camps in school holidays. They are also active in encouraging and generating interest among adults, to become volunteers in the local area. Many progress to become qualified FA football coaches and deliver sessions to various community clubs and after school clubs in the area. If you want to become a Nacro volunteer or want to know where to play football and which teams are on the lookout for players contact Roy.

Office tel: 0161 230 6749  
Mobile: 07789 278647  
E-mail: roythickett@yahoo.com. 
Look us up on the Eastserve Website: www.eastserve.com.

Achievements to date

» 10 sports coaches trained from the local community FA Coaches, 1st Aid, basketball, & generic working with childrens courses.

» 22 local volunteers used on sports activities. All are CRB checked and encouraged to enroll on accredited training courses.

» All volunteers aged between 16-24 enrolled on M.V scheme and 10wk IT course based at Ravensbury School.

» Over 2,000 participants in events held.

» Wrestling, Boxing are additional new sports activities being delivered.

» Sports activities during all school holidays’ i.e. regular tournaments and soccer schools every school holiday. All held at local parks and venues.

» After school clubs promoted and delivered by volunteers in two local primary schools. CE School of the Resurrection and Ravensbury County Primary School

» ‘Streetlife’ Football Tournament for teenagers. A football league held over two evenings a week, for three age groups (U13, U16’s, U19’s). All teams are community clubs from the east Manchester area.

Inter partnership working between various organizations to ensure best delivery to participants.
The East Manchester Coordinators for The Duke of Edinburgh's Award is Michelle Blow who is based at the Discus Youth Inclusion Project in Beswick. Michelle is involved in engaging young people from the ages of 14–25 in The Duke of Edinburgh Award Scheme, which is split into three levels. Young people can enter at each level depending on their age and how much time commitment they want to give to the scheme. The four main sections of the Award include Physical Recreation, Skill, Expedition and Service, with each area offering different entry-level requirements. The project workers are pro-active in offering access support to participants, as well as providing key information for funding purposes. The Discus project is currently delivering the Award to 11 key partnership agencies with a named member of staff from each project.

Office tel: 0161 223 3568
Fax: 0161 223 9599
Michelle's Mobile: 07966 760974
E-mail: eastmancproject@yahoo.com

Achievements to date

- Number of people involved in voluntary work - 8
- Number of young people on the project - 128
- Number of certificates awarded - 129
- Number of young people participating in the Bronze Award - 110
- Number of young people participating in the Silver Award - 11
- Number of young people participating in the Gold Award - 7
- Number of young people participating who are excluded from school - 34
- Number of expedition training sessions held - 54
The East Manchester youth volunteer workers Natasha Walsh and Sally Johnson are based at the Mill St Venture Centre in Openshaw.

MYVP Sports Workers work with young people to help them prepare for volunteering, by offering them training which focuses on confidence and self esteem building, training also looks at developing young peoples skills particularly around team building.

They also manage various sporting projects in the East Manchester area, working with young people between the ages of 14 to 25 coordinating a wide range of sporting and volunteering opportunities for young people, which enable young people the opportunity to train to be a sports coaches or to volunteer at one off sports festivals and events in East Manchester as well as many other sports volunteering opportunities available.

Office tel: 0161 223 4855 / 2855
Natasha’s Mobile: 07763 496 156
E-mail: myvp@myvp.org.uk

Achievements to date

» Number of sports coaches trained from the local community - 20
» Number of volunteers used on sports activities - 45
» Number of volunteer hours completed - 900
» No of school outreach sessions - 45
» No of outreach sessions in youth centers - 25

Total no of young people worked with 216
The Activity Bus has been delivered in response to the health and transportation needs of the residents of two East Manchester wards—Beswick and Clayton, and Bradford, in association with the Sports Action Zone (SAZ), New Deal for Communities (NDC) Primary Care Trust (PCT), Health Promotion and the Health Action Zone (HAZ). The idea was pioneered in January 2002 and ran for 6 months acquiring a total of 300 different users. However, due to overwhelming demand for the bus, the scheme was recommenced in October 2002, with now over 600 established users.

The scheme targets all members of the community including the over 50's, families and individuals, providing a free transport service to Leisure Centres and Parks throughout Manchester, including the famous Commonwealth Games swimming pool, based at the Manchester Aquatics Centre. Despite the Aquatic Centre being in close proximity (approximately 1.5 miles) to the areas mentioned, the time taken to travel there is around 30 minutes involving two bus journeys—particularly inconvenient for the elderly and families with several young children.

Encouraging its users to 'Get On & Get Active', the Activity Bus has been described as a 'major help' in assisting users access various leisure opportunities, with many passengers stating improved health, confidence and happiness as its main benefits. Its users have also described the bus as a 'major incentive' in allowing them to make new friends and in helping families 'get out more' as a collective unit.

The scheme currently operates with assistance from the volunteers who contributed their valuable support to the Commonwealth Games and wished to continue donating some of their time.

Office tel: 0161 230 2100
E-mail: j.sutton1@notes.manchester.gov.uk
- Support for existing and new Sports clubs Northside ABC / Clayton AFC / St Vincent’s FC / Eastlands Citizens FC / Eastlands Angling Club / Beswick FC / Aldwinians RFU / Eastlands Stars Cheerleading Club / Dominoes Netball Club / Manchester Basketball Club / Eastlands Community Cycling Club / Sport City Velo Cycling Club / Openshaw Youth FC / Te Sheng Do martial Arts club / Belle Vue Racers

- Sports activities with Refugee Support Network for the Refugees and Asylum Seekers community

- Sports activities for the Irish Travellers community with Irish Community Care

- Sports sessions for under 5s and their families with Surestart

- Activities with Health Promotion for ‘Falls Prevention’ for older people & sports and leisure activities in partnership with the community dietician

- Dads and Lads sports activities with the Education Action Zone

- Sports Activities with Manchester College of Arts and Technology (MANCAT) for student enrichment studies

- Sports Activities with ‘The Friday Club’ for adults with learning difficulties at Clayton Youth Club

- Promotion of outdoor education with Manchester Outward Bound association (MOBA)

- Healthy walking projects with Physical Activity & Community Exercise (PACE) & ‘Stepping Out’
» Maintain and develop the existing projects and continue to expand the network of partners and deliverers & to explore opportunities to sustain the existing projects

» Continue and develop the community use programme at Sport City for all sections of the community

» Continue to develop the improvements to School grounds for sports activities and the access to these facilities for the community

» Develop a range of provision for other target groups e.g. OAPs

» Explore opportunities to sustain the existing projects

» Develop new projects to target girls and young women to increase participation opportunities

» To increase the web site presence of the sports projects and initiatives to ensure that more information is available for viewing

» To develop a comprehensive physical activity directory for East Manchester with a range of partners
When we built SPORTCITY we built it for everyone!

It's your Sportcity
Track Cycling 0161 223 2244

- Experience the thrill of riding Britain's only indoor Olympic cycle track
- Sessions for beginners every week
- School bookings available
- All equipment provided
- Eastlands Velo Cycling Club for children

Telephone Reception for more details

Opening Times:
Mon - Fri 9.00am - 9.00pm
Sat 9.00am - 1.00pm
Sun 9.00am - 1.00pm

Tennis Centre 0161 231 8951

- 6 Indoor courts
- 6 Outdoor courts
- Junior tennis courts
- LTA approved facilities
- Coaching programmes available

Telephone Reception for more details

Opening Times:
Mon - Fri 9.00am - 9.00pm
Sat 9.00am - 1.00pm
Sun 9.00am - 1.00pm

Fitness & Health 0161 231 0131

- Fitness studio - 70 stations
  - state of the art fitness equipment
  - personal training programme
- Workout classes
  - Step - Aerobics - Circuits
- Sauna and Spa

Either join as a member or pay as you go

Telephone Reception for more details

Opening Times:
Mon - Fri 6.30am - 10.00pm
Sat 9.00am - 5.00pm
Sun 9.00am - 10.00pm

Squash Centre 0161 231 8602

- 6 state of the art glassback courts
- Doubles courts available on request
- Coaching programmes available
- Adult club nights
- Sessions for junior beginners / improvers every week
- Pay as you play
- Equipment for hire
- Spectator seating available

Telephone Reception for more details

Opening Times:
Mon - Fri 6.30 am to 10.00 pm
Sat 9.00 am to 5.00 pm
Sun 9.00 am to 10.00 pm
Contacts

Sports Development Officers

**Athletics**  Anita Eagland  Athletics Development Officer  Tel: 0161 232 3100  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6FG

**Basketball**  Sergio Lara-Berciel  Basketball Development Officer  Tel: 0161 881 0090  Amaechi Basketball Centre, Whalley Range High School for Girls, Wilbraham Road, Manchester  M16 8GN

**Cricket**  Ken Jackson  Cricket Development Officer  Tel: 0161 232 3114  manchester.cricket@ntlworld.com  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6FG

**Cycling**  Andrea Ingham  Track Development Officer  Tel: 0161 223 2244  tdo@manchestervelodrome.com  The National Cycling Centre, Manchester Velodrome, Stuart Street, Manchester  M11 4DQ

**East Manchester Sports Development**  Tel: 0161 223 8350  The Manchester Tennis Centre, Sport City, Alan Turing Way, Manchester  M11 3FF

**Football**  Nicola Chalmers  Football Development Officer  Tel: 0161 232 3108  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6FG

**Hockey**  Ken Jackson  Hockey Development Officer  Tel: 0161 232 3114  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6FG

**Netball**  Michelle Welch  Netball Development Officer  Tel: 0161 232 3106  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6FG

**Rugby**  Paul Manley  Rugby Development Officer  Tel: 0161 232 3101  paulmanley@rfu.com  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6FG

**Squash**  Yawar Abbas  Squash Development Officer  Tel: 0161 231 8602  The National Squash Centre, Sport City, Eastlands, Manchester  M11 3FF

**Swimming**  Darren Ashton  Swimming Development Officer  Tel: 0161 275 9450  d.ashton1@notes.manchester.gov.uk  Manchester Aquatics Centre, Oxford Road, Manchester  M13 955

**Tennis**  Nicky Shannon  Tennis Development Officer  Tel: 0161 223 8350  Sports Development Section, "Vulcan House, Albion Place", The Crescent, Salford  M5 4NL

**Triathlon**  Natalie Woodford  Triathlon Development Officer  Tel: 0161 873 7538  The Manchester Tennis Centre, Sport City, Alan Turing Way, Manchester  M11 3FF

**Venues**

Belle Vue Leisure Centre  Kirkmanshulme Lane, Belle Vue, Manchester  M12 5GL  Tel: 0161 953 2470  www.manchester.gov.uk/leisure/indoor/

Bradford Park  Charlesworth Street/Towney Street, Beswick, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

City Of Manchester Stadium  Alan Turning Way, Beswick, Manchester  M11  Tel: 0161 438 7715

Clayton Park & Clayton Hall  Clayton Street/North Road, Clayton, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Clayton Vale  off Bank Street, Clayton, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Debdale Park  Hyde Road, Gorton, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Delamere Park  Delamere Street, Higher Openshaw, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Edge Lane Allotment Site  Edge Lane, Openshaw, Manchester  Tel: 0161 226 3322  support.services@ukonline.co.uk

www.manchester.gov.uk/leisure/outdoor/allotments/

Hewlett Johnson Playing Fields  Edge Lane/ Seymour Road, Clayton, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Lee Street Recreation Ground  Lee Street, Higher Openshaw, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Manchester Aquatics Centre  Oxford Road, Manchester  M13 955  Tel: 0161 275 9450  admin@manchestervelodrome.com  www.manchestervelodrome.com

Miles Platting Pools & Fitness Centre  Varley Street, Miles Platting, Manchester  M40 8EE  Tel: 0161 205 8939

Openshaw Park  Greenside Street, Openshaw, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Philips Park  Mill Street/Stuart Street, Bradford, Manchester  Tel: 0161 223 8278  s.west@notes.manchester.gov.uk

Philips Park Allotment Site  Fairclough Street, Clayton, Manchester  Tel: 0161 226 3322  support.services@ukonline.co.uk

www.manchester.gov.uk/leisure/outdoor/allotments/

Powerleague S-A-Side Centre  20 Union Street, Ardwick, Manchester  M12 4JD  Tel: 0161 272 7227  www.powerleague.com

Sportcity Isospa Fitness & Health  Sport City, Alan Turing Way, Eastlands, Manchester  M11 3FF  Tel: 0161 231 0131

Ten Acres Sports Centre & Astro  Ten Acres Lane, Newton Heath, Manchester  M40 2SP  Tel: 0161 205 0241

The Grange Community Resource Centre  Pilgrim Drive, Beswick, Manchester  M11 3TQ  Tel: 0161 230 1420

The Manchester Tennis Centre  Sport City, Alan Turing Way, Eastlands, Manchester  M11 3FF  Tel: 0161 231 8951

The National Cycling Centre  The Manchester Velodrome, Stuart Street, Manchester  M11 4DQ  Tel: 0161 223 2244  admin@manchestervelodrome.com  www.manchestervelodrome.com

The National Squash Centre  Sport City, Alan Turing Way, Eastlands, Manchester  M11 3FF  Tel: 0161 231 8602
Football Clubs

Abbey Villa FC  G Edwards  5 Fowler Avenue, Abbey Hey, Manchester  M18 8TT
Beswick FC  Ken Rodgers  8 caterham street, Oldham, Manchester  M47 VE  Tel: 07930 270 548
Chadwick FC  Andrew Kehoe  6 Etruria Close, Longsight, Manchester  M13 9BF
Church FC  B Kirby  17 Ackroyd Avenue, Abbey Hey, Manchester  M18 8TL
Gardners Arms FC  B Kelly  15 Hart Avenue, Droylsden, Manchester  M43 7EJ
Gorton WMC FC  K. Booth  96 Chapman St, Gorton, Manchester  M18 8UA
Moston Brook AFC  Michael Melia  23 Alan Ave, Failsworth, Manchester  M35 0PR
Nelsons Tavern FC  Paul Smith  33 Vesper Street, Manchester  M35 9JB
New Crown FC  Paul Miller  9 St Albans Ave, Newton Heath, Manchester  M34 2TD
Newton Heath FC  David Maxon  13 Ilfracombe Street, Newton Heath, Manchester  M40 1WR
Northside FC  Ian Cockram  2 Bourne Drive, Moston, Manchester  M40 6GA
Openshaw FC  Phil Powel  Community School, School Bungalow, Openshaw, Manchester  M11 1AJ  Tel: 0161 223 9985
St Willibrords FC  Vincent Tracey  9 Langcross Grove, Openshaw, Manchester  M34 5SD  Tel: 0161 370 4788
The Bagers FC  Tracey Cook  7 Baslow Road, Droylsden, Manchester  M43 6LZ  Tel: 07719 359 390
Warwick United  John Ham  30 Medlock Road, Woodhouses, Failsworth, Manchester  M35 9WN  Tel: 0161 684 7392

Football - Under 18's Clubs

147 Breaks FC  Lloyd Williams  7 Gloucester Avenue, Levenshulme, Manchester  M19 3W T  Tel: 07932 951 151
Brendon Bees JFC  Mark Verigotta  291 Manchester Road, Audenshaw, Manchester  M34 5GR  Tel: 07884 263 418
verigotta@ukonline.co.uk  www.brendonbees.co.uk
Broadway Celtic JFC  Martin Jones  14 Winbrown Road, Cheltenham, Oldham, Manchester  OL9 ORN  Tel: 0161 284 2413
Chaddy Rangers JFC  Amanda Moreton  30 Stansfield Road, Failsworth, Manchester  M40 1NF  Tel: 0161 681 2133
Clayton AFC  Maxine Bell  22 Fourth Street, Clayton, Manchester  M11 4LZ  Tel: 07966 566 388
Clayton Villa JFC  Len Hughes  12 Morton Drive, Droylesdaen, Tameside M43 6BH  Tel: 0161 285 0765
East Manchester Rangers JFC  C Hodgkinson  17 Sexa St, Higher Openshaw, Manchester  M11 1AP  Tel: 0161 230 8124
Eastlands JFC  Ray Bullock  22 Sledmere Close, Bradford, Manchester  M113BT  Tel: 0161 230 7290  rbbullx@aol.com
Failsworth Community JFC  Peter Higgins  4 Devon Road, Failsworth, Manchester  M35 0NR  Tel: 0161 681 1333
Failsworth Dynamos JFC  Sharon Blundel  73 Westminster, Failsworth, Manchester  M35 9HN  Tel: 0161 681 7264
Northend Boys FC  Julie Cannon  4 Ashwood, Firwood Park, Chadderton, Oldham  OL9 9RT  Tel: 0161 223 4463
St Vincents AFC  John Longsden  8 Village Walk, Openshaw, Manchester  M11 2HN  Tel: 0161 231 5909

Bowling Clubs

Clayton Park Bowling Club  Mrs. Audrey Taylor  68 Clayton Street, Clayton, Manchester  M11 4HK  Tel: 0161 223 4191
Delamere Park Bowling Club  Ron Butterworth  22 Neston Street, Higher Openshaw, Manchester  M11 1HZ  Tel: 0161 370 6247
Philips Park Bowling Club  Mr. Gillespie  10 Rishworth Drive, New Moston, Manchester  M40 3PG  Tel: 0161 682 7215
Boxing & Martial Arts Clubs

Boxing Club  Ardwick Youth Centre, 100 Palmerston Street, Ardwick, Manchester  M12 6PE  Tel: 0161 273 1763
Manchester Eagles Martial Arts  Jeff Burns  Crossley House, 755 Ashton Old Road, Manchester  M11 2HB  Tel: 0161 223 3777
Northside Amateur Boxing Club  Joe Pennington  215 North Road, Manchester  M11 4WQ  Tel: 0161 223 4463
tjeopennington@eastserve.com  www.northsideabc8k.com
Salah Martial Arts Centre  217 Ashton Old Road, Beswick, Manchester  M11 3NU  Tel: 0161 223 2305
Shannon's Boxing Club  Crossley House Youth Centre, 755 Ashton Old Road, Openshaw, Manchester  M11 2HB  Tel: 0161 223 2373
Shuku Tora Karate-Do  Geoff Robb  5 Laburnum Avenue, Audenshaw, Manchester  M34 5SS  Tel: 0161 355 1897
sensei@shuku-tora.co.uk  www.shuku-tora.co.uk
Te-Sheng-Do Martial Arts & Exercise  Carl Beckett  The Grange Community Resource Centre, Pilgrim Drive, Beswick, Manchester  M11 3TQ  Tel: 07760 223 743  www.wka.uk

Other Sports Clubs

Aldwinians Rugby FC  Ian Spivey  35 Mottram Old Road, Stalybridge, Cheshire  SK15 2TF  Tel: 07973 690 032  ianspivey@tiscali.co.uk
Belle Vue Racers Jogging & Fitness Club  Catherine Robinson  12 Bank Street, Hadfield, Glossop, Derbyshire  SK13 1BB  Tel: 01457 858 720  emr87@hotmail.com
Dominoes Netball Club  Yvonne Coldick  Greater Sport, Belle Vue Athletics Centre, Pink Bank Lane, Manchester  M12 5GL  Tel: 0161 953 2470  yvonne@greatersport.co.uk  www.dominoesnetball.co.uk
East Manchester Sports Club  Colin Brierley  4 Goreding Ave, Gorton, Manchester  M18 8WWW  Tel: 0161 223 6491
Eastland Stars Cheerleading Club  The Secretary  New Deal for Communities, 187 Grey mare Lane, Beswick, Manchester  M11 3ND  Tel: 0161 230 2100
Eastlands Angling Club  Eddie Redmond  Clayton Youth Centre, Clayton, Manchester  M11 4HU  Tel: 0161 223 3321
Eastlands Velo Community Cycle Club  Manchester Velodrome, The National Cycling Centre, Stuart Street, Manchester  M11 4DQ  Tel: 0161 223 2244
Manchester Basketball Club  Paul Webster  Manchester Velodrome, The National Cycling Centre, Stuart Street, Manchester  M11 4DQ  Tel: 07748 108 658  www.eastserve.com/mbc
Manchester Harriers Athletics Club  Joe Moran  38 Birkdale Road, South Reddish, Manchester  SK5 7LR  Tel: 0161 477 2433
Manchester Kestrels Sports Club for People with Disabilities  Trina Curran  Tel: 0161 902 0282
Sale Harriers Manchester  Alan Robershaw  16 Whitehorn Avenue, Burnage, Manchester  M19 1EU  Tel: 0161 432 1831
Water Adventure Centre  Mr. M. McGuinn  The Old Boat House, Fairfield Locks, Droylsden, Manchester  M43 6ES  Tel: 0161 301 2673
Newton Heath Cricket Club  Paul Smally  Mabel Street, Daisey Bank, Newton Heath, Manchester  M40 1GB  Tel: 0161 681 5407
Woodhouses Cricket Club  David Hardman  27 Partridge Road, Woodhouses, Failsworth, Manchester  M35 9NW  Tel: 0161 682 4834
wac.vol@btconnect.com

Young Peoples Organisations

No. 2468 Squadron Air Training Corps  Mr. Whittaker  T. A. V. R. Centre, Belle Vue Street, Gorton, Manchester  M12 5PW  Tel: 0161 231 6870
Resurrection Church Lads' & Girls' Brigade  Mrs. Chow  CE School of the Resurrection, Pilgrim Drive, Beswick, Manchester  M11 3TJ  Tel: 0161 231 6582
St. Barnabas Church Lads' & Girls' Brigade  Miss. Seddon  John Gilmore Youth & Community Centre, Clayton Lane, Openshaw, Manchester  M11 4SS  Tel: 0161 231 6593
Scout Information Centre  Tel: 0845 300 1818  info.centre@scout.org.uk  www.scoutbase.org.uk
Girl Guides/ Brownies  Tel: 0800 1 69 59 01  Join.Us@girlguiding.org.uk
HMS Trafalgar Sea Cadet Unit  Dean Cleworth  Debdale Park, 1073 Hyde Road, Gorton, Manchester  M18 7LJ  Tel: 0161 223 6737
dc2301468@lineone.net  www.trafalgar-scc.fsnet.co.uk
Army Cadets  Major T. Connell  University Barracks, Boundary Lane, Manchester  M15 6BL  Tel: 01612 373 739  allen@gmacf.freeserve.co.uk  www.gmacf.co.uk
Contacts

Duke of Edinburgh’s Award Project  Michelle Blow  The Discus Centre, 7 Stilton Drive, Beswick, Manchester  M11 3SB  Tel: 0161 223 3568
discus@discusproject.fs-life.co.uk  www.theward.org

All England Netball Association  Ms. P. Harrison  Netball House, 9 Paynes Park, Hitchin  SG1 6EH  Tel: 01462 442 344
unfo@laena.co.uk  www.allengland-netball.co.uk

Amateur Boxing Association of England  Mr. T. Collier  Crystal Palace National Sports Centre, London  SE19 2BB  Tel: 020 8778 0251  hq@abae.org.uk

Amateur Swimming Association  Mr. D. Sparkes  Harold Farm House, Derby Square, Loughborough  LE11 5AL  Tel: 01509 618 700
chiefexecutive@swimming.org  www.britishswimming.org

Awards for All  Awards for All North West Regional Office, Dallam Court, Dallam Lane, Warrington  WA2 7LU  Tel: 01925 626 800  www.awardsforall.org.uk

British Amateur Rugby League Association  Mr. I. Cooper  West Yorkshire House, 4 New North Parade, Huddersfield  HD1 5JP  Tel: 01484 544 131
barla@barla.org.uk  www.barla.org.uk

British Cycling  Mr. P. A. King  National Sports Centre, Manchester Velodrome, Stuart Street, Manchester  M11 4DQ  Tel: 0870 871 2000
info@bccf.co.uk  www.britishcycling.org.uk

British Triathlon Association  Mr. N. Brook  P O Box 25, Loughborough  L11 3WY  Tel: 01509 228321  information@britishtriathlon.co.uk  www.britishtriathlon.co.uk

Disability Sport England  Mr. G. Neale  Unit 4G, 784-788 High Road, Tottenham, London  N17 0DA  Tel: 020 8801 4466  info@dse.org.uk  www.disabilitysport.org.uk

East Manchester Activity Bus  Jennine Sutton  New Deal for Communities, 187 Grey Mare Lane, Beswick, Manchester  M11 3ND  Tel: 0161 230 2100
j.sutton1@notes.manchester.gov.uk

East Manchester Neighbourhood Wardens  1367 Ashton Old Road, Openshaw, Manchester  M11 1JF  Tel: 0161 370 4216

England & Wales Cricket Board  Mr. T. M. Lamb  Lord’s Cricket Ground, London  NW8 0BO  Tel: 020 7432 1200  www.ecb.co.uk

England Basketball  Mr. S. Kirkland  48 Bradford Road, Stanningley, Leeds  LS28 6DF  Tel: 0113 236 1166  andrea.webb@ebbaonline.net  www.englandbasketball.co.uk

England Squash  Mr. J. Treherne  Ground Floor, Belle Vue Athletics Centre, Pink Bank Lane, Manchester  M12 5GL  Tel: 0161 231 4499
sra@squash.co.uk  www.englandsquash.com

English Bowling Federation  Mr. J. Heppell  84 School Road, Bighton, Sheffield  S20 1EH  Tel: 0114 274 7763

English Indoor Bowling Association  Mr. D. Brown  David Cromwell House, Bowling Green, Manchester Road, Melton Mowbray  LE13 0FA  Tel: 01664 481 900
info@eiba.co.uk  www.eiba.co.uk

Football Association  Mr. G. Keeley  25 Soho Square, London  W1D 4FA  Tel: 0207 745 4596

Foundation for Sport and the Arts  Jimmy Quigley  Manchester Leisure Sports Development Centre, Denmark Road, Hulme, Manchester  M15 6GF  Tel: 0161 232 3100  j.quigley1@notes.manchester.gov.uk

Institute of Sports Sponsorship  Mr. J. Dutton  MCF Sports Complex, Brantingham Road, Chorlton, Manchester  M21 0TT  Tel: 0161 881 0299
mcf@sports.com  www.manchester-fa.net

Manchester Youth Volunteering Project  Natasha Walsh  491 Mill Street, Openshaw, Manchester  M11 2AD  Tel: 0161 223 4855
mvp@myvmp.org.uk

MCFC ‘City In The Community’ City of Manchester Stadium  Alan Turning Way, Beswick, Manchester  M11  Tel: 0161 438 7710

Nacro Sports Project  Roy Thickett  The Discus Centre, 7 Stilton Drive, Beswick, Manchester  M11 3SB  Tel: 0161 230 6749  roythickett@yahoo.com

National Federation of Anglers  Mrs. J. Price  Halliday House, Egginton, Derby  DE65 6GU  Tel: 01332 772 040
office@nfahq.freeserve.co.uk  www.the-nfa.org.uk

Pre Volunteer Training Programme  Heath Cole  New Deal for Communities, 187 Grey Mare Lane, Beswick, Manchester  M11 3ND  Tel: 0161 230 2100
h.cole@notes.manchester.gov.uk

Rugby Football Union  Mr. F. Baron  Rugby Road, Twickenham  TW1 1D5  Tel: 020 8992 2000  www.rfu.com

Sport Action Zone  John Dwan  New Deal for Communities, 187 Grey Mare Lane, Beswick, Manchester  M11 3ND  Tel: 0161 230 2100  j.dwan@notes.manchester.gov.uk

Sport England  Sheldon Phillips  Ashley House, Quay Street, Manchester  M3 4AE  Tel: 0161 834 0338  info@sportengland.org.uk  www.sportengland.org.uk

Sports Aid  15 Pratt Mews, Camden Town, London  NW1 0AD  Tel: 020 7387 9380  enquiries@sportsaid.org.uk  www.sportsaid.org.uk

Sports Development Project  The Manchester Tennis Centre, Sport City, Alan Turing Way, Manchester  M11 3FF  Tel: 0161 223 8350

Stepping Out  Peter McGowan  Newton Heath Health Centre, 2 Old Church Street, Newton Heath, Manchester  M40 2JF  Tel: 0161 681 0940

The Feel Good Factor  Julie or Louise  c/o Having a Voice, The Venture Centre, 491 Mill Street, Openshaw, Manchester  M11 2AD  Tel: 0161 223 4855
feelgoodfactor@havingavoice.org

The Feel Good Factor is a new twelve-month project for people in the M11 area. We want to help local people to find ways to improve their quality of life and feel good.

The Pace Project – GP Referral Project  Paul Peacock/Carl Beckett/Jane Colebourne
Newton Heath Health Centre, 2 Old Church Street, Newton Heath, Manchester  M40 2JF  Tel: 0161 681 0940  thereferralteam@hotmail.com

The Generation Project – Information & Advocacy for over 55s  Mandy/Graham  Unit 14, Empress Business Centre, 380 Chester Road, Manchester  M16 9EA  Tel: 0161 872 5500  mpowell@careandrepair-manchester.org.uk  gwilliams@careandrepair-manchester.org.uk

UK Athletics  Mr. D. Moorcroft  Athletics House, 10 Harborne Road, Edgbaston, Birmingham  B15 3AA  Tel: 0121 456 5098
information@ukathletics.org.uk  www.ukathletics.net