CANCER SUPPORT GROUPS IN THE CITY OF MANCHESTER & SURROUNDING AREAS

Compiled by the Macmillan Information & Support Service, Manchester City Council

- Bowel
- Brain
- Breast
- Cervical
- Gastric & Oesophageal
- General
- Gynaecological
- Head & Neck
- Laryngectomees
- Leukaemia
- Liver
- Lung
- Lymphoedema
- Lymphoma
- Mesothelioma
- Myeloma
- Pelvic Radiotherapy
- Prostate
- Sarcoma
- Urostomy

BOWEL

COLO-RECTAL SUPPORT GROUP
Contact: Julie Williams, colorectal clinical nurse specialist and Julie Meadows, stoma care clinical nurse specialist, 0161 720 2815.
Email: julie.williams2@pat.nhs.uk
Date / time: Meets every three months.
Who for: Launched in 2012 for patients who have been treated within the Pennine Acute Hospitals NHS Trust.

COLO-RECTAL SUPPORT GROUP – SALFORD (ALSO KNOWN AS BOWEL CANCER SUPPORT GROUP)
Contact: the Clinical Nurse Specialists on 0161 206 1249 or Janet on 0161 918 7804.
Meet at: The Mayo Building, Salford Royal NHS Foundation Trust.
Date / time: Bi-monthly.
Who for: This Support Group was founded almost 3 years ago and offers support to colorectal patients and families. It has just recently formed a committee and following a successful grant from Macmillan has organised many outings, social events and walks.

SOUTH MANCHESTER BOWEL SUPPORT GROUP
Contact: Joan on 0161 437 0577 or Lillian on 07906 881396
Email: sth.mcr.bowelcancersuppt.group@gmail.com
Meet at: Timperley Methodist Church, Stockport Road, Altrincham WA15 7UG.
Date / time: The 3rd Thursday of alternate months (January, March, May, July, September, November) from 1.30pm to 3.30pm.
Who for: Largely South Manchester but open to all. South Manchester Bowel Cancer Support is a group of people who have experienced the effects of bowel cancer. They organise various events throughout the year and have guest speakers (both medical and non medical) and specialist colorectal nurses at all meetings. They offer a chance for a friendly chat with others who understand people’s situations, want to help and would value their input. There is ample free parking and the church is on a bus route.
TRAFFORD BOWEL CARE SUPPORT GROUP
Contact: Jackie 0161 748 9659, Doreen 0161 962 7818 or John 0161 748 4655.
Meet at: Macmillan Wellbeing Centre, Moorside Road, Davyhulme, M41 5SN.
Date / time: 1st Wednesday of each month between 2pm-4pm.
Who for: Anyone who is seeking support for bowel care problems

BRAIN TUMOUR CHARITY – MANCHESTER SUPPORT GROUP
Contact: Sue Wreglesworth on 07717 175 236
Email: sue.wreglesworth@thebraintumourcharity.org
Meet at: The Life Centre, 235 Washway Road, Sale, M33 4BP
Date / time: Between 11am and 1pm on the first Friday of every month
Who for: Open to all - aimed at patients, families and friends of those diagnosed with a brain tumour. Everyone is welcome to join The Brain Tumour Charity's monthly support group for North Manchester and Lancashire, held in partnership with the Clinical Nurse Specialist from The Life Centre, Sale.

LIVING WITH SECONDARY BREAST CANCER
Contact: 0845 077 1893.
Email: secondarieservices@breastcancercare.org.uk
Date / time: The third Wednesday of each month from 11am in central Manchester.
Who for: Open to anyone with secondary breast cancer. Run through Breast Cancer Care. Free monthly meet-ups for a chance to chat and share experiences with others with a secondary diagnosis. A unique opportunity to increase knowledge; they run longer sessions with guest expert speakers every other month. Topics include pain management, fatigue, benefits, and an interactive session on side effects session with a clinical nurse specialist. Refreshments are provided, including lunch at the longer sessions.

ROCHDALE BREAST CANCER SUPPORT GROUP
Contact: 01706 868 094/01706 852 701
Meet at: Thrum Hall Lane, Thrum Hall Methodist Church, Thrum Hall Lane, Rochdale. OL12 6DE.
Date / time: Meets 1 – 4pm on the last Wednesday of every month.
Who for: Offers support in a friendly atmosphere, with opportunities to socialise and join in arranged outings. Information is available and there are interesting speakers most months.

SOUTH MANCHESTER BREAST SUPPORT GROUP
Contact: 0161 291 3113 Julia Linihan
Email: julia.linihan@uhsm.nhs.uk
Meet at: Nightingale Centre, Wythenshawe Hospital, Southmoor Road, M23 9LT
Date / time: Monthly meetings with a chance to meet other patients on an informal basis.
Who for: For UHSM patients only at the present time.

CERVICAL
JO’S CERVICAL CANCER TRUST – MANCHESTER SUPPORT GROUP
Contact: Louise Hassall and Helen Savage
Email: josmanchestergroup@gmail.com
Meet at: The conservatory of The Alexandra BMI Hospital in Cheadle
Date / time: Meet monthly at 7pm
Who for: Open to any who has had cervical cancer in the North West. The Manchester Support Group is run by Louise Hassall, who has been personally affected by cervical cancer and Helen Savage, who is a cancer nurse and passionate about supporting women with cervical cancer. Meetings are confidential, secure and safe in a warm and relaxed environment. They have a Facebook page which is closed and private for ladies who have attended the group to keep in touch with each other in between meetings. Tea and coffee provided.
GASTRIC AND OESOPHAGEAL SUPPORT GROUP
Contact: Tina Foley / Fran Mellor 0161 291 5322
Email: tina.foley@uhs.m.nhs.uk
Meet at: Education & Research Centre, Wythenshawe Hospital M23 9LT
Date / time: Third Wednesday of every alternate month (from Jan) at 7pm – 9pm
Who for: Informal chat with other patients and invited speakers

GASTRIC AND OESOPHAGEAL SUPPORT GROUP - OTHER MANCHESTER MEETINGS
Contact: John Shuttleworth on 0161 427 2346
Email: johnmshuttleworth@hotmail.com
Meet at: Stepping Hill Hospital, Wigan Hospital and Salford Royal Hospital

UPPER GI SUPPORT GROUP - SALFORD
Contact: The Clinical Specialist Nurses on 0161 206 1603 or Janet on 0161 918 7804.
Meet at: The Mayo Building, Salford Royal NHS Foundation Trust.
Date / time: Bi-monthly.
Who for: This welcoming and useful support group regularly has guest speakers and presentations which the group find interesting and informative.

GENERAL

BRIGHTERSIDE
Contact: Ria Harrison, Brighters Team, 07736331438.
Email: cancersbrighters@gmail.com
Date / time: Every Tuesday afternoon offering an exercise class to cancer affect individuals for an hour. Every Wednesday evening offering an exercise class to both those affected by cancer and the wider community to act as a prevention tool to get fit and healthy.
Who for: Brighterside initially started as a group that met to promote health and well being. It has grown from this in to a unique support group that offers free exercise classes to cancer patients pre and post treatment.

LIVING WITH & BEYOND CANCER GROUP
Contact: Ali Davenport, Macmillan Community Outreach Officer, Macmillan Information & Support Service, Manchester City Council, 227 3727 or 07767 663 099
Email: a.davenport1@manchester.gov.uk
Meet at: Post-graduate Medical Centre, North Manchester General Hospital
Date / time: Every two months, usually Thursday mornings
Who for: Currently open to anyone from the Greater Manchester area. Each time there is an informal discussion around a different theme, facilitated by a Macmillan Professional, eg. fatigue, the emotional effects of cancer. The group are encouraged to share experiences and learn from each other. A partnership activity between the Macmillan Information & Support Services in Manchester City Council and The Pennine NHS Acute Hospitals NHS Trust.

OLDHAM CANCER SUPPORT CENTRE (OLDHAM)
Activity: Patients’ group monthly and separate carers’ group monthly.
Contact: 0161 770 8751.
Email: oldhamcancersupportcentre@hotmail.co.uk
Meet at: Ena Hughes Centre, Ellesmere Street, Failsworth M35 9AD.
Who for: Anyone living with cancer, including family and carers.
SADDLEWORTH C.A.F.E. (Cancer Aid For Everyone)
Activity: Support group meeting every 2nd and 4th Wednesday.
Contact: Hazel on 0161 633 0162 or Marilyn 01457 870453.
Meet at: Greenfield Methodist Church Hall, Chew Valley Road, Greenfield 0L3 7JJ.
Date / time: 2nd and 4th Wednesday of each month, 4 – 6pm.
Who for: For anyone living with cancer, including families, friends and carers.

GYNAECOLOGICAL

GO! GYNAE GROUP
Contact: Sabine Fornacon Wood 0161 291 4234 / Anne Bryant
Email: sabine.fornaconwood@UHSM.NHS.UK / annebryant.court@btopenworld.com
Meet at: Seminar Room 2, First Floor, Withington Community Hospital, Nell Lane, Manchester M20 2LR.
Date / time: 3rd Thursday of each month, 2pm.
Who for: Patient led group. For patients who have been treated at UHSM or in southern sector.

SUNFLOWERS SUPPORT GROUP
Contact: Gynaecology Clinical Nurse Specialist Oncology:
Helen Savage, The Christie NHS Foundation Trust, 0161 446 8235, helen.savage@christie.nhs.uk
Sarah Gallagher, The Christie NHS Foundation Trust, 0161 446 8235, sarah.gallagher@Christie.nhs.uk
Karen Blackwood, Wigan & Leigh NHS Foundation Trust, 01942 264694, karen.blackwood@wwl.nhs.uk
Maria Kikayi, Royal Bolton Foundation Trust, 01204 390003, Maria.Kikayi@boltonft.nhs.uk
Meet at: The Angel Centre, 1 St Phillips place, Salford, M3 6FA. Car parking at the rear of the Angel centre with easy access to public transport.
Who for: A new group for women to meet others in their local area for friendship and mutual support and learn about health and wellbeing during and after cancer. Meet Gynae clinical nurse specialists who can give advice and support in an informal setting. Supported by Target Ovarian Cancer.

HEAD & NECK

PENNINE HEAD, NECK AND THYROID SUPPORT GROUP
Contact: Marie Round, Macmillan Head and Neck Clinical Nurse Specialist, 0161 922 3702.
Meet at: St Paul’s Church, Victoria Avenue, Blackley, M9 6RB.
Date / time: Meets every two months, usually 1st Monday of month, 6.30-8pm.
Who for: Open to Pennine patients with a head and neck cancer diagnosis, including family or carers.

LARYNGECTOMEES

GREATER MANCHESTER NEW SPEAKERS CLUB
Contact: Frances Ascott, Specialist Speech Therapist, Manchester Royal Infirmary, 0161 276 4215
Email: frances.ascott@cmft.nhs.uk
Meet at: Locally in the Central/South Manchester area – currently being reviewed
Date / time: 4 times a year
Who for: Support for people who have had their voice box removed (laryngectomees). Also offer befriending and one to one support and home/hospital visiting.

LARYNGECTOMY SUPPORT GROUP
(ALSO KNOWN AS THE HEAD AND NECK SUPPORT GROUP)
Contact: The Clinical Nurse Specialist on 0161 206 3186.
Meet at: Pendleton Gateway, 1 Broadwalk, Pendleton, Salford M6 5FX
Date / time: 1st Tuesday of every month, 2 - 4 pm.
Who for: Salford patients and central Manchester patients can attend this support group.
THE QUIET ONES
Contact: 0161 683 5617
Meet at: Royton Band Club, Sandy Lane, Royton, Oldham OL2 5QP.
Date / time: Usually meets on the last Saturday of the month, 1-3pm
Who for: Support group for people who have had laryngectomies.

LEUKAEMIA

LEUKAEMIA CARE – GREATER MANCHESTER HAEMATOLOGY SUPPORT GROUP
Contact: Leukaemia Care 08088 010 444
Email: care@leukaemiacare.org.uk
Meet at: 'The Social', Manchester Royal Infirmary, junction of hospital boulevard and Nelson Street, Manchester, M13 9WL
Date / time: 3rd Wednesday of each month 7-9pm
Who for: Open to anyone affected by leukaemia – including partners.
The Greater Manchester Haematology Support Group, in conjunction with Leukaemia Care, is a relaxed, friendly and sociable get together for those patients, family members, carers and friends affected by blood and lymphatic cancers such as leukaemia, myeloma and lymphoma. Light refreshments are supplied.

LIVER

MANCHESTER ROYAL INFIRMARY LIVER PATIENTS SUPPORT GROUP
Contact: Esther Pears, 0161 276 8772
Email: esther.pears@cmft.nhs.uk
Meet at: Department of dermatology.
Date / time: Meets on the last Thursday of every month at 2pm.
Who for: MRI patients.

LUNG

LUNG SUPPORT GROUP - SALFORD
Contact: The Clinical Nurse Specialist on 0161 206 5771.
Meet at: Pendleton Gateway 1 Broadwalk, Pendleton, Salford M6 5FX
Date / time: The 1st Tuesday of every month from 2pm – 4pm.
Who for: New patients and families/friends are always made welcome at this friendly Support Group. Over refreshments they share their experiences and have occasional guest speakers.

SOUTH MANCHESTER LUNG CANCER & MESOTHELIOMA SUPPORT GROUP
Contact: 0161 291 2547
Meet at: Wythenshawe Hospital, Southmoor Road, Wythenshawe Manchester M23 9LT
Date / time: This group is not currently running but the hope is relaunch it later in 2014. It provides the opportunity for people affected by lung cancer to get together, learn more about lung cancer issues, listen to guest speakers and meet the local lung cancer support nurse.
LYMPHOEDEMA

LOTUS LYMPHOEDEMA SUPPORT GROUP (MANCHESTER)
Contact: Gill, 0161 969 2962
Meet at: Genesis Centre, Wythenshawe Hospital.
Date / time: The first Friday of alternate months between 11am and 2pm (this may be changing).
Who for: The group's aims are to offer practical information and support in a friendly group setting, to provide individual support if needed, to listen to guest speakers on related topics, to exchange ideas and information and to increase general awareness of lymphoedema and how to get treatment and support.

LYMPHOMA

MANCHESTER LYMPHOMA SUPPORT GROUP
Contact: Ann: 07906 098784 / Sue: 0161 439 7971 or the Lymphoma Association on 0808 0808 5555.
Email: annmiskimin@hotmail.com
Meet at: The Christie Hospital.
Date / time: Wednesday evenings, six times a year, 7.30-9.30pm.
Who for: The Manchester Lymphoma Support Group has been meeting for over ten years and is a friendly group of people who live with a diagnosis of Lymphoma either as a patient, family member or friend. Family members and friends are welcome.

MESOTHELIOMA

GREATER MANCHESTER ASBESTOS VICTIMS SUPPORT GROUP
Contact: Vera Rigby, the Support Group Chair, on 01457 873 560.
Email: asbestos.gmavsg@gmail.com
Meet at: Cross Street Chapel, Cross St., Manchester, M2 1NL.
Date / time: Every three months on a Wednesday, 10.30 am until 1.00 pm.
Who for: Anyone in the Greater Manchester area. The group is comprised largely of bereaved partners of people who have died of Mesothelioma, so the support group is not ideally suited to those who are struggling with the disease. Set up through the Greater Manchester Asbestos Victims Support Group, Windrush Millenium Centre, 70 Alexandra Rd, Moss Side, Manchester, M16 7WD  Tel: 0161 636 7555  www.asbestos-victims-support.org

A new support group for people with mesothelioma may be set up later this year via Lorraine Creech at Macclesfield, who has been appointed to a new post as Mesothelioma nurse coordinator in the North West.

MYELOMA

MANCHESTER MYELOMA SUPPORT GROUP
Contact: Ann Urmston, Chair, 0161 653 6174; Joan Smith, Secretary, 0161 766 4669
Email: ann_urmston@yahoo.co.uk, joansmith.parrfold@btinternet.com
Meet at: Elizabethan Suite, Bury Town Hall, Knowsley Road, Bury, BL9 0SW,
Date / time: Meets monthly, 1 – 3pm.
Who for: Set up in February 2007, this well attended group welcomes patients, carers and family members. It offers information and support, regular guest speakers. Please contact the above for details of times and venue.
PELVIC RADIOTHERAPY

LATE EFFECTS OF PELVIC RADIOTHERAPY SUPPORT GROUP
Contact: Susan Taylor 01257 424 110, Brian Hixson 0161 833 9620 or The Christie Cancer Information Centre: 0161 446 8100
Meet at: The Northern Tennis Club, Palatine Rd, M20 3YA.
Date / time: 2nd Wednesday of each month, 1.45 – 3.45pm.
Who for: Patients and carers welcome.

PROSTATE

OUT WITH PROSTATE CANCER
Contact: The Lesbian and Gay Foundation Community Resource Centre, 07764741366
Email: outwithprostatecancer@yahoo.co.uk
Meet at: The Lesbian and Gay Foundation Community Resource Centre, 5 Richmond Street Manchester, M1 3HF
Date / time: First Saturday of every month, 2-4pm.
Who for: This is a new group aimed at providing support for gay and bisexual men affected by prostate cancer. Although the group meets in Manchester, it is keen to offer support to gay and bisexual men throughout the country. www.outwithprostatecancer.org.uk

PROSTATE CANCER SUPPORT - CHEADLE
Contact: Darrell Baguley, 0845 456 0678
Email: info@prostatecancersupport.org
Meet at: The Hesketh Tavern, Hulme Hall Road, Cheadle Hulme SK8 6JZ
Date / time: 2nd Monday of the month, 1pm

PROSTATE CANCER SUPPORT - DROYLSDEN
Contact: David Mitchel, 0845 456 0678
Email: info@prostatecancersupport.org
Meet at: Droylsden Football Club, Market Street, Droylsden M43 7AY
Date / time: Meets on the 1st Thursday of each month at 6pm

PROSTATE CANCER SUPPORT - OLDHAM
Contact: 0161 474 8222
Email: info@prostatecancersupport.org
Meet at: Werneth Cricket and Bowling Club, The Pavilion, Chamber Road, Oldham OL8 1AA
Date / time: Last Thursday of every month, 6.30 – 8.30pm.

PROSTATE CANCER SUPPORT – SALFORD
Contact: Chair of the Group Brian Robinson on 0161 228 341 or 0161 206 1455.
Meet at: Eccles Masonic Hall Ltd, Elm Bank Halfedge Lane, Eccles,M30 9BA.
Date / time: 3rd Wednesday of every month, 2 – 4pm.
Who for: The Group support those living with and managing prostate cancer. New patients and families are very welcome.

There is also a Prostate Cancer Support group in Bolton.
SARCOMA

NORTH WEST SARCOMA GROUP
Contact: Helen Murray, Sarcoma Clinical Specialist Nurse at the MRI, 0161 276 6167 (Pager 07659 537596); Ann Buchan, Sarcoma Clinical Nurse Specialist at The Christie, 0161 446 3094 or 0161 446 3000 (bleep 12906) Maxine Cumbo, Specialist Sarcoma Physiotherapist at the MRI, 0161 701 0267 or 0161 276 1234 (bleep 1954)
Email: helen.murray@cmft.nhs.uk
Meet at: Manchester Royal Infirmary (MRI), Seminar Room 1 (adjacent to TU)
Date / time: Meets on the fourth Tuesday of every other month (except July) May, Sept and Nov 14, from 7pm to 8.30pm
Who for: People from all areas welcome, including relatives and partners.

UROSTOMY

UROSTOMY ASSOCIATION - MANCHESTER & NORTH WEST
Contact: Judy Crook, Branch Secretary, 19 Kirkby Avenue, Moston, Manchester M40 5HN, 0161 682 6545
Meet at: Salford Royal NHS Hospital Trust (formerly Hope)
Date / time: The Branch holds three Meetings per year, in February, May, and October. Contact the secretary for more information.
Who for: The group has been meeting since 1971 and has about 150 members in this branch. They cover a wide area - roughly Manchester and 30 miles round.