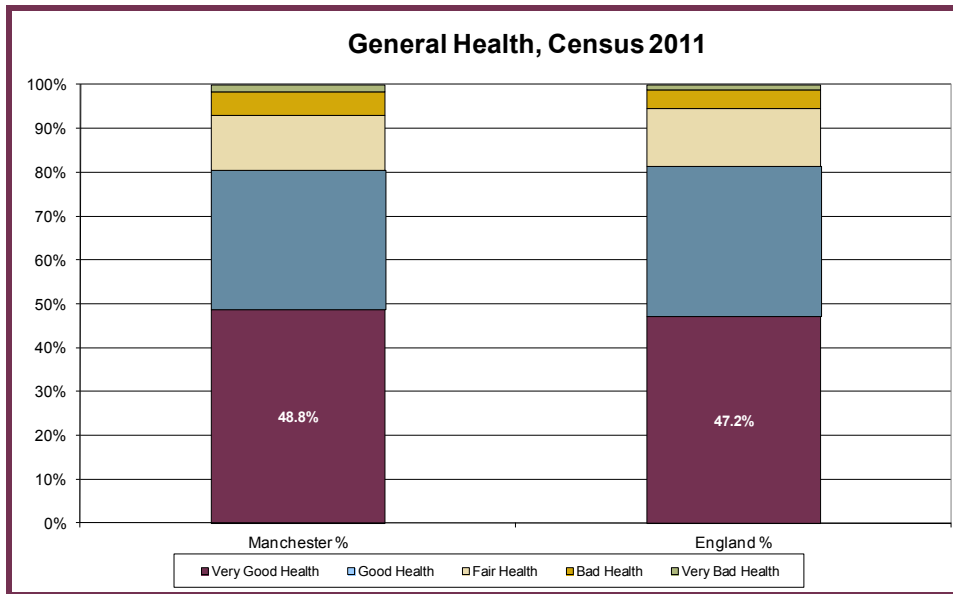


Self-assessed health draws together an individual's perception of all aspects of their health and wellbeing and is a useful indicator of general well-being, health-related quality of life, the experience of long-term illness and the relative risks of future admission to hospital, impairment and mortality. Monitoring levels of general health over time is important for determining fitness for work, need for care and benefits and social capital.



A question on self-assessed general health was included in both the 2001 and 2011 Census, although the question asked in 2001 differed from that asked in 2011 making direct comparisons difficult. However, ONS have produced simulated results that give an indication of changes to the general health of the population over the last decade. These figures suggest that Manchester has seen a 2.5 percentage point increase in its rate of 'Good' general health compared with 2011.

General Health (QS302EW)	Manchester	Manchester %	England %
Very Good Health	245,334	48.8	47.2
Good Health	159,452	31.7	34.2
Fair Health	62,651	12.5	13.1
Bad Health	27,014	5.4	4.2
Very Bad Health	8,676	1.7	1.2

People in some parts of Manchester experience substantially worse self reported general health than others. The areas of Manchester that have the highest proportions of people who reported bad or very bad health (13.0% and higher) are listed below. At the opposite side of the spectrum, there are 9 LSOAs where less than 1.0% of people report bad/very bad health. When looking at these figures it is important to remember that this measure is very strongly related to age and that areas with older populations are more likely to have higher rates of poor general health than areas with younger populations, irrespective of the underlying levels of ill health in the area.

LSOA 2011	LSOA 2011 name	Within Ward	Total residents in this LSOA at 2011	% of people reporting Bad or Very Bad Health
E01005103	Manchester 001E	Higher Blackley	1,640	14.4%
E01005255	Manchester 012D	Miles Platting and Newton Heath	1,609	14.4%
E01033679	Manchester 009G	Harpurhey	1,409	14.2%
E01005130	Manchester 054A	Miles Platting and Newton Heath	1,481	13.4%
E01033687	Manchester 003G	Charlestown	1,417	13.3%
E01005258	Manchester 011C	Miles Platting and Newton Heath	1,707	13.1%
E01005261	Manchester 012E	Miles Platting and Newton Heath	1,642	13.0%

Source: [Census 2011, Office for National Statistics](#). Crown copyright

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